



**FOR IMMEDIATE RELEASE**

3/1/22

**CONTACT**

Lara Sisselman

[lara@cstrategies.com](mailto:lara@cstrategies.com)

**VNA Health Care Launches Weekly Digital Series Promoting Health and Wellness**

*"VNA Today" will be released on VNA's Facebook page every Thursday at 6pm*

**Aurora, IL** - Today, VNA Health Care, the largest community health center in the Chicago suburbs, announced the launch of "VNA Today," a weekly digital series promoting health and wellness. The show will share preventive health tips and raise awareness of the services VNA provides through weekly shows. New episodes will be released at 6pm on Thursdays on [VNA's Facebook Page](#) and on Talking Cities Aurora.

"VNA Health Care is always looking for new ways to reach our patients, and we're thrilled to launch VNA Today," said Linnea Windel, President and CEO of VNA Health Care. "VNA Today is an innovative way to share important information about the services and resources we provide to the members of our community. We look forward to sharing the stories of our patients, team members, partners, and more in the weeks and months to come, and we are grateful to everyone who is working to make these shows come to life each week."

VNA Today is produced by Melissa Perez, a Special Projects Producer at TalkLab Productions with Bureau Gravity. She previously worked at "The Jam" on WCIU and produced two half hour specials with Chicago Grammy and Oscar-winning artist Che 'Rhymefest' Smith. The segments are hosted by David Miranda, a bilingual radio and television personality with over two decades of experience, including as a reporter and producer for WGN Radio and freelancing for Telemundo TV.

"Throughout my career, I've been producing shows for broadcast television. Producing content in English and Spanish with my team for VNA Today is very rewarding and I'm thrilled to expand my production to digital media, which is a platform that is rapidly growing in popularity," said Melissa Perez, producer of VNA Today. "Not only will this raise awareness about important preventive healthcare topics, but also highlights the valuable work that VNA is doing to improve access to care throughout suburban Chicago."

VNA Today will also allow viewers to get to know members of the VNA team, including doctors, nurse practitioners, and administrators. Episodes will highlight the work of VNA partners, spotlight patient success stories, and share helpful tips for viewers to integrate into their own lives.

###

**About VNA Health Care**

VNA Health Care is the largest community health center in the Chicago suburbs, serving more than 75,000 patients each year across 16 clinics. For more than a century, VNA has provided care to those in need. At the core of VNA's mission is a commitment to improving health equity and decreasing disparities in healthcare. VNA serves a large, multi-ethnic population, and serves those with or without insurance. To learn more, visit [www.vnahealth.com](http://www.vnahealth.com).